

The Meal Plan Card

Helping You Succeed at
Three Rivers College

Who can get a Meal Plan Card?

You would be eligible for a Meal Plan Card if you have excess Pell Grant or Student Loan funds. It is also possible to purchase and reload a Card with cash, check, or credit card.

What can I buy with a Meal Plan Card?

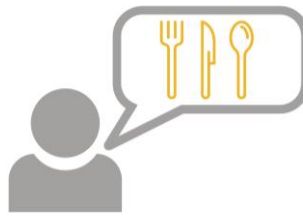
The Meal Plan Card was created to help you succeed academically by providing necessary resources through your excess financial aid. It can be used to purchase food, groceries, and fuel at 27 locations in Southeast Missouri. It cannot be used to purchase alcohol, tobacco or pharmacy products, gift cards, or lottery tickets.

Why do I need a Meal Plan Card?

With a Meal Plan Card, your excess financial aid becomes accessible to use for meals, groceries, and fuel a month or more before you would normally receive your financial aid refund from the College. Getting a strong start to your semester is essential to success!

When can I get a Meal Plan Card?

You can purchase a Card during the book pick-up period. This normally begins the week prior to the start of classes and runs through the first 3 to 4 weeks of fall and spring semesters, and the first 2 weeks of summer semester.



The Meal Management Program

To Keep You Moving Forward

What is the Meal Management Program?

The Meal Management Program was designed to encourage more of our students to finish strong. We implement automatic, bi-weekly Meal Plan Card loads in order to provide a sense of stability through the life struggles that tend to accompany academic involvement. Utilizing this program, you will have a reliable source of budgeted income that will allow for food and fuel to keep your vehicle, body, and mind always moving forward.

How does it work?

Programs are customized to the individual. According to your financial aid availability, you can choose between a half-semester or full semester program; a portion of your financial aid will be automatically loaded onto your Meal Plan Card once every two-week load period for the duration of your program.

How do I enroll in a Program?

It's easy! Visit, call, or email us at the Main Campus in Poplar Bluff. We will look at your available financial aid and customize a program just for you.

Getting Started

To get a Meal Plan Card, you can visit any of our College Store locations in Poplar Bluff, Sikeston, Dexter, or Kennett. You can also order a Meal Plan Card on our website.

If you already have a Meal Plan Card and would like to enroll in a Meal Management Program, you can visit, call, or email us at our Poplar Bluff location.

Reloading My Card

If you are enrolled in a Meal Management Program, then we will automatically reload your card every two weeks. No hassle!

For non-program loaders, it is very easy to reload. You can bring your card to the Poplar Bluff location, or we can reload your card remotely if you call the store or send us a quick email. We even have a texting service that you can utilize; just send us an email if you'd like to be put on our texting list. Our contact info is conveniently located on the back of this brochure.

Keep in mind that, if you are a non-program loader, there are some limitations. Loads are limited to one load per two-week load period. You can load a total of 3 times each semester, but cannot exceed more than \$300 per load. If you have any questions regarding these limitations, feel free to contact the Poplar Bluff location.

Where can I use my Meal Plan Card?

Poplar Bluff

- The College Store
- Courtside Café, Bess Student Center
- 10)Box Cost Plus Grocery & Gas Station
- Steak 'n Shake
- Papa John's Pizza
- Tio's Mexican Bar & Grill
- Lemonade House Grille
- Bread + Butter
- Myrtle's Place
- Subway, North & South locations
- Donut House Bakery & Deli
- Godfather's Pizza
- Buffalo Wild Wings

Dexter

- Harps Food Store
- On The Go

Sikeston

- FAS GAS, 600 N. Main

Kennett

- The Store, 1702 1st Street

Malden

- Harps Food Store

Doniphan

- Harps Food Store

Coming Fall 2018: You will also be able to use your Meal Plan Card on the CarGO Carryout App to have restaurant food delivered right to your door! See the back of this brochure for a full list of restaurants that will be available through CarGO delivery in the Poplar Bluff and Cape Girardeau areas.



Download the CarGO Carryout App today!

*Alcoholic beverages may not be purchased with the Meal Plan Card.

Poplar Bluff Area

- | | |
|--------------------|---------------------------------------|
| Applebee's | Lemonade House Grille |
| Bread + Butter | Maya's |
| Buffalo Wild Wings | Ozark Country Market
(Coming Soon) |
| Burger King | Pizza Inn |
| China Garden | Popeye's Louisiana
Kitchen |
| Donut House Bakery | Scotty's Brewhouse |
| Dunkin Donuts | Subway |
| Godfather's Pizza | The Wine Rack |
| Imo's | |
| Las Margaritas | |

Cape Girardeau Area

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|--|--|
| Applebee's | Hamburger Express |
| BG'S Old Tyme Deli | Honeybaked Ham |
| Baristas Coffee Bar | Imo's |
| Beef O' Brady's | Lemonade House Grille
(Coming Soon) |
| Bella Italia Ristorante | Little Caesars |
| Bistro Saffron | Little Kitchen |
| Broussard's Cajun Cuisine | McDonalds |
| Buffalo Wild Wings | My Daddy's Cheesecake |
| Burger King | Pagliari's Pizza |
| Burrito-Ville (Coming Soon) | Papa Murphy's Take n' Bake |
| Café N' Me | Popeye's Louisiana Kitchen |
| Chick-fil-A | Port Cape |
| China Palace | QDOBA Mexican Eats |
| Cicis | Seis Amigos |
| Dunkin Donuts | Simply Swirled |
| El Torero | Smokehouse 61 |
| Faithfully Fed | Sonic |
| Gabriel's Food + Wine
(Coming Soon) | Wings Etc. |



Phone: 573-840-9610

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Located in the Bess Student Activity Center